Combined movement examination (CME) of the lumbar spine has been a common treatment for low back pain. Both cases of low back pain were treated using manual therapy, guided by combined movement examination. Anterior/lateral chain, thoracic spine hybridized myofascial work. In the cervical spine, the risk of complications is anywhere between 1 and 100,000, and in cases where treatment of the cervical spine is not an option, a treating therapist is required.


Some of the disorders of the spine that we treat include stenosis. Physical therapy treatment of spine pain can include manual therapy for soft tissue and joint mobilization. Patients receiving spine therapy often need less pain medication and time off work in the McKenzie diagnostic approach or Ola Grimsby manual therapy. Summit Rehab KC Manual and Spinal therapy uses pressure on muscle tissue to manipulate joints in the prevention and treatment of musculoskeletal pain. In his course “Manual Therapy for the Cervical Spine: An Evidence-Based Approach”, Dr. Chad Cook, PT, PhD, MBA, FAAOMPT discusses the use of manual therapy techniques. Recent studies have provided results that support the use of manual therapy to the cervical spine, as well as to the temporomandibular joint, thoracic spine, and other areas.

Manual therapy is not the intellectual property of Foreword. Manual therapy has been gaining increased importance among both students and practitioners. The purpose of this review was to discuss the safety and effectiveness of manual therapy interventions targeted at the thoracic spine in older individuals. With this in mind, we present an overview of recent literature on the topic.

ABSTRACT An abundance of literature has attempted to provide insight into the association between cervical spine manual therapy and cervical artery dissection. This review aims to summarize the current evidence and provide recommendations for practitioners.

Conclusions: Manual therapy interventions for the cervical spine can be safe and effective when performed by trained practitioners. However, careful consideration of patient history and response to therapy is crucial to avoid complications. Further research is needed to fully understand the role of manual therapy in the management of cervical spine disorders.